

# Queen's Scout Award Scheme

- Select 4 of 7 options - eg. a Unit talk, community orgs., local council, Pen Pal, political parties, youth orgs., & other.
- Recognised basic course in first aid & emergencies and practical situations.
- Leading role to organise & undertake a practical project, with report to Unit/Troop.
- A mix of 10/20 or 20/10 hours of Community & Scouting service.

<b>Citizenship</b> 10 hours	●
<b>First Aid</b> 10 hours	●
<b>Environment</b> 20 hours	●
<b>Service</b> 30 hours	●

**Community Involvement**  
70 hour

●

- Demonstrate an improvement or appreciation of an art form over 3 months.
- Understand effect of tobacco, alcohol & drugs on physical & mental health, AND undertake a 3 month physical activity.
- Select 3 of 7 options - eg. formal debate, volunteer orgs, cultural group, religion, Scout's Own, personal values and other.
- Develop a Pursuit over 3 months, and understand the rules, safety standards and skills involved.
- Demonstrate an improvement or appreciation of an art form over 6 months.
- Understand effect of diet, sleep, stress, recreation, and fitness on health, AND undertake a 6 month physical activity.
- Select 4 of 7 options - eg. a debate, cultural group, religion, Scout Org., ethnic group, Scout's Own, and other.
- Develop a Pursuit over 6 months, and understand the rules, safety standards and skills involved.

<b>Expression 1</b> 10 hours	●
<b>Lifestyle 1</b> 10 hours	●
<b>Ideals 1</b> 10 hours	●
<b>Pursuits 1</b> 10 hours	●
<b>Expression 2</b> 30 hours	●
<b>Lifestyle 2</b> 30 hours	●
<b>Ideals 2</b> 30 hours	●
<b>Pursuits 2</b> 30 hours	●

One of Four

**Personal Growth**  
70 hours

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- Problem solving activities during o/night journey on foot, over unfamiliar country.
- An expedition of at least two days, including one night out.
- Undertake an outdoor activity over a 2 month period, understanding the rules, safety standards & skills involved.
- An expedition of at least four days, including three nights out.
- Undertake an outdoor activity over a 6 month period, understanding the rules, safety standards & skills involved.

<b>Initiative</b> 10 hours	●
<b>Expedition 1</b> 12 hours	●
<b>Outdoor 1</b> 10 hours	●
<b>Expedition 2</b> 30 hours	●
<b>Outdoor 2</b> 30 hours	●

One of Two

**Adventurous Activities**  
62 hours

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- Unit Management course AND research and report on management and leadership of an organisation.
- Prepare a resume, AND 1 of 3: financial institution, career office or small business.
- L/S course THEN apply management & leadership skills over 6 month period.

<b>Unit Management</b> 12 hours	●
<b>Vocations</b> 25 hours	●
<b>Leadership</b> 26 hours	⑥ ●

**Leadership Development**  
63 hours

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